

Friday 5th February 2021

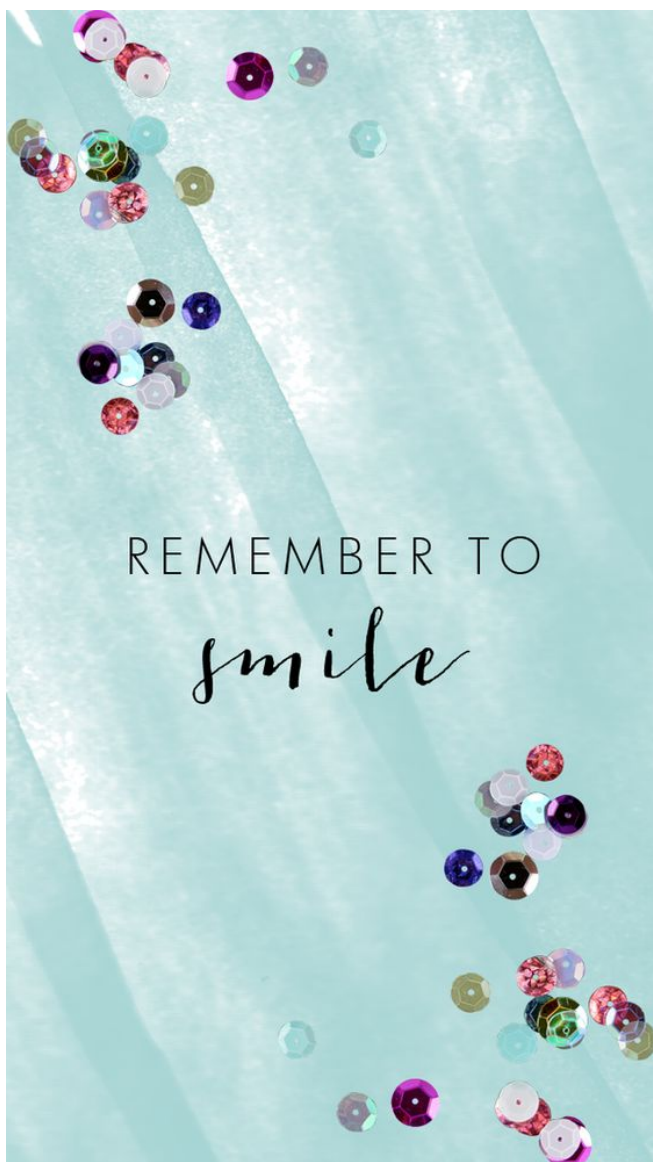
Hello everyone,

Don't forget our zoom call at 11am today and to come dressed up in something that makes you YOU! Also, make sure you lay out your A4 pieces of paper on the floor with the tricky troll words written on them for our game! Here are the tricky troll words: I, no, the, go, to, into, he, she, we and me.

Have a super fun day and remember to send me in your PE scores for this week!

See you soon!

Mrs Cole



### Children's Mental Health Week 5 Outdoor Activities

	Go outside and close your eyes. What can you hear?	Monday
Tuesday	Stand in an outdoor space. What is the weather doing? What does it feel like? How does it make you feel?	
	Can you spot any signs of spring? How many can you find?	Wednesday
Thursday	Watch the clouds. Look up at the sky in the morning, afternoon and early evening. How has it changed?	
	Have fun! Go for a walk, play a game, run, jump, skip or hop.	Friday

 **Teach Outdoors**  
Learning Through Discovery

[www.teachoutdoors.co.uk](http://www.teachoutdoors.co.uk)  
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## Subject Resources List

### Handwriting:

- Whiteboard
- Whiteboard pen
- OR
- Pencil
- Exercise Book/Paper

### Phonics:

- Whiteboard
- Whiteboard pen
- Pencil
- Exercise book

### Maths:

- Pencil
- Paper or Exercise book
- Whiteboard and whiteboard pen
- Base 10 for tens and ones (e.g., Lego, pasta, pencils, buttons)
- 100 square grid

### Literacy:

- Pencil
- Exercise book
- Phonics sound mat

### Art (den sculpture):

- Art materials to make a sculpture - you can use the salt dough recipe I have put in the task box or use other things in your home (e.g., play dough, cardboard boxes, clay etc.)

PE	Remember to take part in the PE challenges for this week and don't forget to send me your scores (outlined in the document posted on ClassDojo).
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Handwriting  
(10 minutes)

Can you practice the letter **w**?

Don't forget you don't have to use a pencil and paper. You could use flour, playdough, rice and more!

Try writing:

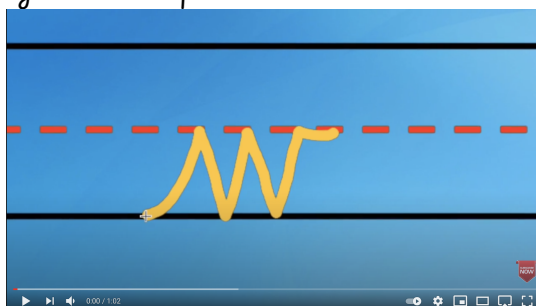
w

worm

wiggled

The worm wiggled.

This video might help:



<https://www.youtube.com/watch?v=5xKIFrVGlgg>

Phonics Group  
1 (20-30  
minutes)

Today we are learning the digraph 'ea'. Watch the teaching video below:

ea/e-e/ey



Phonics 'ea'

<https://www.loom.com/share/90cc846c431741899e7b6da728da8687>

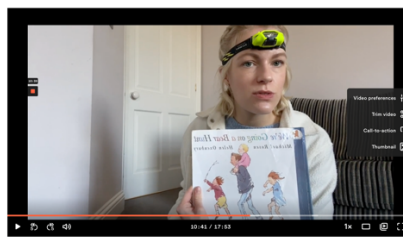
Task:

Write the 'ee' words on to a paper plate and the 'ea' words on to a piece of paper, then scrunch them up to turn them into peas:

see sea feel seat treat weep  
meet bead deep steamy

Today we are learning the 'are' digraph. Watch the teaching video below:

are



Phonics Phase 5 'are'

<https://www.loom.com/share/7207677a37f64e6d9d1e82f095a58f2b>

**Task:**

Read the words and match them to the picture!

**'are' Word and Picture Matching**

Match the picture to the correct word.



•

•

share



•

•

care



•

•

hare



•

•

scare



•

•

barefoot

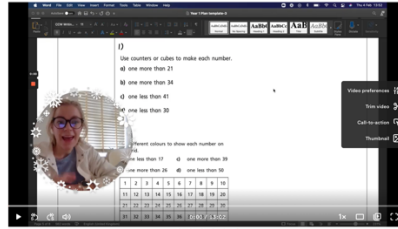


Maths (20 minutes)

Today in maths we are continuing to practice one more and one less.

Both **Task A** and **Task B** - Complete these questions:

Watch the teaching video where I run through the questions if you would find this helpful!



Year 1 Maths Friday 5th February 2021

<https://www.loom.com/share/19ed98899b874a9395b40f11b18b5ad8>

1)

Use counters or cubes to make each number.

- a) one more than 21
- b) one more than 34
- c) one less than 41
- d) one less than 30

2)

Use different colours to show each number on the grid.

- a) one less than 17      c) one more than 39
- b) one more than 26      d) one less than 50

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

3)



Whitney

My number has 4 tens. One more than my number would make the tens digit change.



Dexter

My number is one more than forty-five.

Who has the greater number?

4)

Always, sometimes, never...



When you find one more than a number, only the ones digit will change.

Convince me using some examples.

*Extension Question - choose a number from 20-50 and complete the grid.*

**Task A: complete at least 2 or extend to 3**

**Task B: complete all 4**

Number	One more	One less
Sentence  One more than _____ is _____. One less than _____ is _____.		Draw it (use Base 10)
Number	One more	One less
Sentence  One more than _____ is _____. One less than _____ is _____.		Draw it (use Base 10)

	<table border="1"> <tr> <td>Number</td> <td>One more</td> <td>One less</td> </tr> <tr> <td colspan="2"> <table border="1"> <tr> <td> <p>Sentence</p> <p>One more than _____ is _____.</p> <p>One less than _____ is _____.</p> </td> <td> <p>Draw it (use Base 10)</p> </td> </tr> </table> </td> </tr> </table>			Number	One more	One less	<table border="1"> <tr> <td> <p>Sentence</p> <p>One more than _____ is _____.</p> <p>One less than _____ is _____.</p> </td> <td> <p>Draw it (use Base 10)</p> </td> </tr> </table>		<p>Sentence</p> <p>One more than _____ is _____.</p> <p>One less than _____ is _____.</p>	<p>Draw it (use Base 10)</p>
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Literacy (20-30 minutes)	<p><b>'Lost and Found' Story Writing</b></p> <p>Use this time today to finish your story! Think about these questions:</p> <ol style="list-style-type: none"> <li>1) Have you used some adjectives (describing words) to make your sentences more interesting?</li> <li>2) Do your sentences make sense?</li> <li>3) Have you used an exclamation mark?</li> </ol>									

Art (20-30 minutes)

## Sculpture of your den

### Task:

Using the design of your den you built on Wednesday, your task today is to make a sculpture of it! You may want to make some salt dough to make your sculpture- here is a link to a recipe:

<https://www.bbcgoodfood.com/howto/guide/how-make-salt-dough-recipe>

However, you can use anything to make your den sculpture - from cutting and joining cardboard boxes to using playdough as a representation!

Yoga or Dancing/Singing

Join in with this super fun and cool dance!!

### PSHE KS1: Super Mood Movers - Fit and well

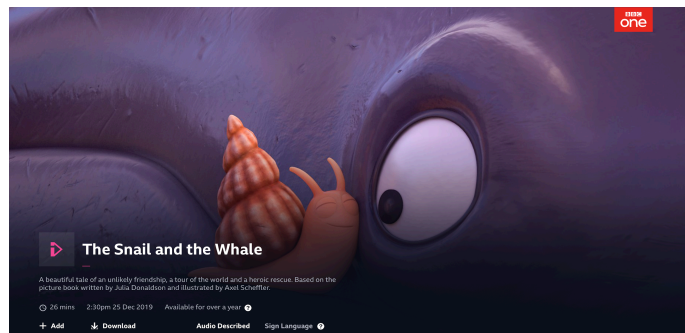
BBC Teach > Super Movers > Super Mood Movers



<https://www.bbc.co.uk/teach/supermovers/pshe-super-mood-movers-fit-and-well/zqr67yc>

Story time/Dough Disco

Here's a Friday treat! Watch the Julia Donaldson story video 'The Snail and the Whale' if you would like!



<https://www.bbc.co.uk/iplayer/episode/m000cslw/the-snail-and-the-whale>